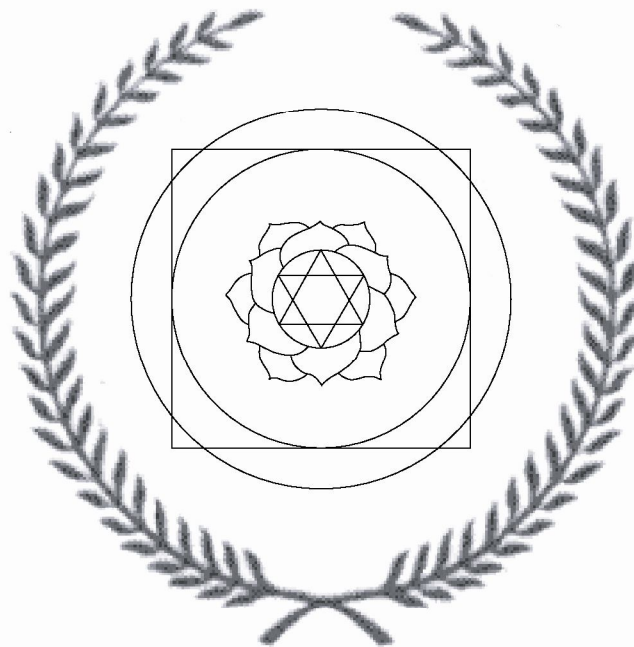




# FLORIDA INSTITUTE OF HYPNOTHERAPY

*School Catalog - Class Schedule – Fall 2009*



**Florida Institute of Hypnotherapy**

4051 NW 43<sup>rd</sup> Street, Suite #37

Gainesville, FL 32606

(352) 378-5746

E-mail: [info@tfioh.com](mailto:info@tfioh.com) – Web: [www.tfioh.com](http://www.tfioh.com)

# Table of Contents

Welcome.....	4
License.....	5
Board of Directors/Corporate Owners-Shareholders.....	5
Statement of Ownership.....	5
Governing Body.....	5
Mission Statement.....	5
Philosophy and Objective.....	5
Facilities and Equipment.....	5
Office Hours.....	5
Family Educational Rights and Privacy Act.....	6
Special Note.....	6
Policy Statement.....	6
Financial Obligations.....	6
Admissions Procedure.....	6
Admission Requirement.....	6
Academic Information.....	6
Credit for Prior Education.....	6
Class Schedule.....	7
Class Size.....	7
Attendance.....	7
Tardiness.....	7
Leave of Absence.....	7
Grading Systems.....	7
Satisfactory Academic Progress Policy.....	8
Qualitative Measure.....	8
Quantitative Measure.....	8
Increments of Evaluation.....	8
Additional Elements.....	8
Incomplete Grades.....	8
Program Withdrawals.....	8
Program Repetitions.....	8
Non-Credit Remedial Course Work.....	9
Probation.....	9
Failure to Meet Satisfactory Academic Policy, Appeals and Reinstatement.....	9
Failure to Meet Satisfactory Academic Policy.....	9
Appeals.....	9
Reinstatement.....	9
Other Policy Considerations.....	9
Curriculum Changes.....	9
Graduation Requirements.....	10
Transcripts.....	10
Student Services.....	10
Placement Assistance.....	10
Financial Assistance.....	10
Student Advisement.....	10
Housing.....	10
Lost and Found.....	10
Campus Security.....	10
Personal Property.....	10
Library.....	10
Institute Rules and Regulations.....	11
Drugs, Alcohol, Weapons and Inappropriate Behavior/Conduct – Dismissal Policy.....	11
Grievance Policy.....	11
Probation.....	11
Voluntary Withdrawal/Re-Entry.....	11
Health and Safety.....	11

Adverse Weather and Emergency Closing.....	11
Emergency Evacuation Plan.....	11
Incidents and Accidents.....	12
Dress Code.....	12
Smoking and Beverages.....	12
Student’s Rights.....	12
Student’s Responsibilities.....	12
Cancellation and Refund Policy.....	13
Withdraw Policy.....	13
Method for Collecting Delinquent Tuition and/or Other Fees Monies Owed.....	13
Policy for Course or Program Cancellation.....	14
Course Numbering System.....	15
A.C.H.E. Requirements for Certification.....	15
Fundamentals of Hypnotism.....	16
Course Description.....	16
Advanced Hypnotism.....	19
Course Description.....	19
Hypnotherapist.....	22
Course Description.....	22
Natal Regression Therapy and Breathwork.....	25
Course Description.....	25
Healing and Pain Management.....	27
Course Description.....	27
Past-Life Regression Therapy.....	29
Course Description.....	29
Tuition and Fees.....	32
Administrative Staff and Faculty.....	33
Institute Calendar.....	34

# WELCOME

*Dear Student,*

*The Florida Institute of Hypnotherapy welcomes you to our school and congratulates you for having selected an exceptionally exciting path for your future education. Our common efforts will allow you to develop skills and practical knowledge that will enhance your life as well as the lives of the many people you will help to facilitate change in.*

*Our school offers a variety of programs ranging from introductory to advanced training in the most up-to-date hypnotherapeutic techniques and protocols. At the Institute you will find a professional and personalized style of instruction that will assist you in becoming a very well trained hypnotherapist who can graduate with confidence in your training and with the skills you need to conduct a successful professional hypnotherapy practice.*

*You have made a commitment to your future and today we offer you our support to see you walk forward with one of the most powerful tools you will ever hold in your hands — an education.*

*Sincerely,*

*Faculty and Staff*

**Licensed by**

The Commission For Independent Education  
Florida Department of Education  
License No. 3448

Additional information regarding this institution may be obtained by contacting the Commission at:

325 West Gaines Street, Suite 1414

Tallahassee, Florida 32399-0400

Toll free telephone number (888) 224-6684 / Fax (850) 245-3233

<http://www.fldoe.org/cie>.

**Board of Directors/Corporate Owners-Shareholders**

Matthew Brownstein, CHt...100%

**Statement of Ownership**

The Florida Institute of Hypnotherapy (FIH) is formed under the laws of the State of Florida. FIH is owned and operated by Anahat Meditation Center, Inc. and its president Matthew Brownstein. Matthew Brownstein can be contacted at 4051 NW 43<sup>rd</sup> Street, Suite #37, Gainesville, Florida, 32606. Tel.: (352) 378-5746 – Email: [matthew@tfioh.com](mailto:matthew@tfioh.com) – Website: [www.tfioh.com](http://www.tfioh.com)

**Governing Body**

THE ACCREDITING AGENCY(S) OR ASSOCIATION(S) LISTED BELOW IS/ARE NOT RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION AS AN APPROVED ACCREDITING AGENCY. THEREFORE, IF YOU ENROLL IN THIS INSTITUTION, YOU MAY NOT BE ELIGIBLE FOR TITLE IV FEDERAL FINANCIAL ASSISTANCE, STATE STUDENT FINANCIAL ASSISTANCE, OR PROFESSIONAL CERTIFICATION. IN ADDITION, CREDITS EARNED AT THIS INSTITUTION MAY NOT BE ACCEPTED FOR TRANSFER TO ANOTHER INSTITUTION, AND MAY NOT BE RECOGNIZED BY EMPLOYERS.

American Council of Hypnotist Examiners

Gil Boyne, Executive Director

700 S. Central Ave.

Glendale, CA 91204

phone: (818) 242-1159 fax: (818) 247-9379

Email: [hypnotismla@earthlink.net](mailto:hypnotismla@earthlink.net) - Website: [www.hypnotistexaminers.org](http://www.hypnotistexaminers.org)

**Mission Statement**

The purpose of the Florida Institute of Hypnotherapy is to train students as certified hypnotherapists and certified clinical hypnotherapists through the American Council of Hypnotists Examiners so as to offer a high quality education in the field of hypnotism while creating professional, ethical and exceptionally well-trained hypnotherapists.

**Philosophy and Objective**

FIH is dedicated to providing the highest quality of education possible in the fields of hypnotherapy and its related modalities. FIH's educational aim is to train, guide and help motivate students to effectively make their way into a professional hypnotherapy practice so as to obtain a fulfilling career that aims to be of service to others. In addition to helping students acquire the necessary knowledge and skills, the Institute also places great emphasis on the student's personal development.

**Facilities and Equipment**

The Florida Institute of Hypnotherapy operates out of Anahat Meditation Center Inc. in a 1,315 sq. ft. building, which is located at 4051 NW 43<sup>rd</sup> Street, Suite #37, Gainesville, Florida, 32606. The Institute has one large classroom, three private offices, a waiting area and a reference library. The classroom is well lit and contains teaching aids including audio/visual equipment. Note: FIH is

equipped to serve students with physical handicaps (i.e. handicap parking, access ramps and restrooms available.)

### **Office Hours**

Monday through Friday 9:00am – 5:30pm

(For class schedule, please refer to page 34 of this catalog.)

### **Family Educational Rights and Privacy Act**

Pursuant to the Family Educational Rights and Privacy Act of 1974, as amended, a student or former student has the right to inspect his or her educational record maintained by the school. Students who wish to inspect their Institute's records must schedule an appointment with the School Director. All record inspections will be done under the supervision of a member of the administrative staff. The Institute will not release any information about a student, unless authorized by the student in writing.

### **Special Note**

Information in this catalog is accurate as of the time of publication. The Institute reserves the right to change courses of study, course content, fees, program requirements, class schedules, and the academic calendar, or to make other changes deemed necessary or desirable, giving advanced notice of the change whenever possible. Students currently enrolled will not be affected by tuition increases.

### **Policy Statement**

The Florida Institute of Hypnotherapy admits qualified students without regard to their race, religion, color, age, sex, sexual orientation, national or ethnic origin, disability, or any other characteristic protected by applicable law to the rights and privileges, programs, and other activities generally accorded or made available to students of the school.

### **Financial Obligations**

Tuition must be paid on time according to the terms on the Enrollment Agreement. In case of extenuating circumstances, the student should consult the School Director.

### **Admission Procedures**

Persons interested in applying for admission to FIH should contact the Institution's Admissions Office and an Admissions Officer will guide you through the following admission procedures:

- Step One – Complete FIH's Enrollment Agreement
- Step Two – Be interviewed by an FIH Admissions Officer
- Step Three – Provide the required deposit as found on the Enrollment Agreement or pay for programs in advance.
- FIH's procedure for admitting students with mental or physical handicaps, is to carefully screen them at the time of the admission interview to determine any special needs that may be required.

### **Admission Requirements**

All students must be 18 years of age or older, must be financially capable of paying for their own tuition and show a strong desire to become an ethical and certified hypnotherapist according to the standards of the American Council of Hypnotist Examiners. Credits from other institutions are not transferable towards an education at The Florida Institute of Hypnotherapy.

## **Academic Information**

### Credit for Prior Education

FIH does not accept transfer credits from other organizations towards a student's training at the Institute. If a student wishes to transfer credits achieved at FIH to another school, then it is at the sole discretion of that other school whether or not FIH credits will be accepted. FIH cannot guarantee transferability of credits between schools.

### Class Schedule

Classes are scheduled Friday Evenings, Saturdays and Sundays as follows:

Friday Evenings Session: 6:00pm to 9:00pm

Saturday Session: 9:30am to 6:00pm

Sunday Session: 9:30am to 6:00pm

### Class Size

The Institute's average number of students in a typical class is 22 students per instructor. The maximum number of students in a class is 30 students per instructor.

### Attendance

Students can achieve the best results only by regularly attending class. The attendance record is part of each student's permanent record in addition to grades; it is used to determine eligibility for having the sufficient classroom hours for taking the American Council of Hypnotist Examiners qualifying examination for certification. If a student is ill or an emergency arises the Institute must be notified in advance if possible for the student's absence to be excused. Unsatisfactory attendance is grounds for dismissal. Unsatisfactory attendance is defined as: 1. Absence for three (3) days in any given program without prior notification to the teacher, 2. Tardies of four (4) in any given program.

Students must arrange for make-up hours with the teacher for class hours that were missed. Make-up hours must be completed by the end of the current term in which the time and class work was missed. Make-up hours deadline may be extended by the School Director.

### Tardiness

Punctuality is an important factor in business and education. If a student is late more than 15 minutes for a class, it constitutes being tardy.

### Leave of Absence

A student will be granted one leave of absence per program. A leave of absence may be requested for a valid reason and it may not exceed one twenty (20) hours period of class time. The return date will be coordinated by the administrative office to ensure that the returned date will fall at the beginning of a new course and will not exceed twenty (20) total hours. A leave of absence must be requested in writing by the student and be approved by the School Director or the Student Services Director. If a student does not return when scheduled, he or she will be terminated. The last day of actual attendance will be used for refund purposes.

## Grading Systems

A	90 – 100%	Excellent	4.0 points
B	80 – 89%	Good	3.0 points
C	70 – 79%	Average	2.0 points
D	60 – 69%	Passing	1.0 points
F	Below 60%	Failed	No points
I	Incomplete		
W	Withdraw		
X	Transfer		
S	Satisfactory		
U	Unsatisfactory		
R	Repeat		

Students will be given a copy of their progress report at the end of each program completed.

### **Satisfactory Academic Progress Policy**

Qualitative Measure – Students must achieve a minimum 1.0 Grade point Average (herein after referred to as G.P.A.) at the end of the first 25% of the total of registered programs, 1.5 G.P.A. by 50% of the program and a 2.0 G.P.A. required for graduation. A student that does not achieve the required G.P.A. will be placed on probation for the next program and is considered to be in Satisfactory Progress. If at the end of the probation period he/she has not achieved the required G.P.A., his/her training will be terminated.

With the completion of 200 hours of total training, a student is required to take the American Council of Hypnotist Examiners (A.C.H.E.) test for certification. Satisfactory passing of this test is required for A.C.H.E. certification as a hypnotherapist and as a requirement for graduation from the FIH.

### Quantitative Measure

The maximum time limit given to a student to complete his/her training is one (1) month past the ending of the last registered program. A student not meeting these criteria will be terminated for not making satisfactory academic progress.

### Increments for Evaluation

To ensure that a student is making quantitative progress throughout their program of study, FIH will evaluate the student's progress at 50% of the maximum time frame.

For instance, a student taking a 410 clock hour program that normally takes 6 months to complete has a maximum time frame of seven (7) months. The student would have to complete the first 205 clock hours of the program within three and one half months (3.5) months to be making satisfactory academic progress.

### Additional Elements

*Incomplete Grades* – A grade of “I” must be completed by the second week after the exam date or the grade will be changed to an “F” (G.P.A. will be recalculated accordingly.) If not completed, the course must be taken at a later date, which will delay the student's graduation date. The student will be charged for the repeated course(s) at the prevailing tuition rate.

Failure to take appropriate action to complete a course and eliminate a grade of “I” may affect a student’s satisfactory progress when the grade is converted to an “F”.

If a student demonstrates mitigating circumstances (that is, illness, death in the family, etc.) an exception may be made upon appeal to and with the approval of the Director of Training or the School Director.

*Program Withdrawals* – A grade of “W” will not be considered as clock hours successfully completed, but will be counted as clock hours attempted. “W” grades are not calculated into the G.P.A.

*Program Repetitions* – Students may repeat programs in which they earn a grade of “D” or below. Both the original and repeated programs are counted as clock hours attempted. In computing the G.P.A., the clock hours for the program with the higher grade will be counted. The student will be charged the repeated program(s) at the prevailing tuition rate. Students may repeat a program as many times as needed to satisfactorily pass the course as long as these course repetitions do not affect the student in regard to the Satisfactory Academic Progress Policy.

*Non-Credit Remedial Course Work* – FIH does not offer any non-credit remedial courses.

#### Probation

Students not meeting satisfactory academic progress standards at the first checkpoint are automatically placed on a 30 day probation period. During probation, the student is considered to be making satisfactory progress. The student will be notified of the probation by certified mail and must meet the terms of his/her probation as outlined in the notification letter or be terminated.

#### Failure to Meet Satisfactory Academic Policy, Appeals and Reinstatement

*Failure to Meet Satisfactory Academic Policy* – A student failing to meet the Satisfactory Academic Policy standards will be terminated from the Institute and will be notified by certified mail of his or her failure to meet the standards.

*Appeals* – Students not meeting the satisfactory academic progress standards are notified by means of a letter from the Registrar’s Office. Students wishing to appeal the unsatisfactory academic progress determination must do so in writing, within 10 calendar days of receipt of the Registrar’s letter. Appeals should be directed to the Academic Progress Committee, which is composed of the School Director, the Registrar and an instructor, on a rotating basis. If the student is appealing the unsatisfactory progress determination on the basis of mitigating circumstances, appropriate documentation might include a physician’s statement, accident report, or other statements. The Appeals Committee will notify the student of their decision within 10 days of receiving the student’s appeal. The Appeals Committee’s decision is final.

*Reinstatement* – Students who have been dismissed for lack of satisfactory progress may apply to be readmitted to the Institution after waiting a period of 4 weeks. Such students will be enrolled for a probationary period upon re-entry. Students who have not maintained satisfactory progress can reestablish eligibility by successfully completing sufficient clock hours and/or attaining the overall G.P.A. required by the end of the next incremental review period.

### Other Policy Consideration

The Satisfactory Academic Progress Policy will include all periods of attendance and will be counted toward the maximum time frame and the qualitative component.

The Satisfactory Academic Progress Policy must be applied consistently to all students.

### **Curriculum Changes**

A student must obtain permission from the Director of Training in order to change his/her class schedule, and from the School Director if he/she wishes to change the program of study in which he/she is enrolled.

### **Graduation Requirements**

1. The satisfactory completion of all prescribed subjects of instruction with a cumulative G.P.A. of 2.0 (C average) or better.
2. Satisfactory completion of the A.C.H.E. exam for hypnotherapist certification.
3. Satisfaction of all financial obligations to the Institute.

### **Transcripts**

A complete transcript of each student's grades is kept in the student's permanent file. Students must request transcripts in writing. One copy is provided free at graduation (additional copies are available for a cost of \$2.00 each). Transcripts will not be issued unless the student's financial obligations to the Institute are current at the time of the request.

### **Student Services**

#### Placement Assistance

FIH makes every effort to assist students/graduates in finding full or part time employment. From the day a student enters the school, the student is responsible for the recommendation that the school will submit to a potential employer. A student's academic record, attendance, personal characteristics, attitude and personal demeanor will all contribute to the Institute's overall evaluation.

How a student thinks and feels, and the quality of work the student produces in school, may to a great degree reflect how the student will perform in his/her own career.

While FIH gladly assists students in obtaining suitable employment at no additional charge, it is understood that **FIH does NOT promise or guarantee placement for its students/graduates.** As most FIH graduates will be self-employed, it is the sole responsibility of the student to build and maintain his/her own private hypnotherapy practice.

#### Financial Assistance

Financial aid is currently not available for attending FIH. FIH does not currently offer financial assistance for its programs. Students may pay for programs in advance or they may pay on a per program basis.

#### Student Advisement

Advisement and guidance begin with the admissions' interview and continue throughout the student's course of study. Faculty consultation is possible for academic issues. An appointment may be required with the Director of Training.

### Housing

The Institute does not provide housing for its students. A list of reliable realtors and rental properties in close proximity to the school will be provided to the student that requests housing assistance at the time of enrollment.

### Lost and Found

Students may check the administrative office for any lost and found items. Any items found on school premises should be turned into the administrative office. These items are kept for 30 days and then disposed of properly.

### Personal Property

The Institute cannot be responsible for the student's books, materials or any personal belongings. Students are thus responsible for their belongings while in school.

### Campus Security

Crimes may be reported to the School Director in person or by calling (352) 378-5746.

### Library

The library is accessible to all students. It is open during normal school hours and whenever the doors to the Institute are unlocked. The Library Resources include: Books, CDs, Videos/DVDs, Audio Tapes, Magazines and other periodicals. All materials must remain on campus as lending is currently not available. All food and liquids are prohibited near library materials.

## **Institute Rules and Regulations**

### Drugs, Alcohol, Weapons and Inappropriate Behavior/Conduct – Dismissal Policy

At the discretion of the Director, a student may be dismissed from school for an intoxicated or drugged appearing state of behavior; possession of illegal substances, alcohol, or weapons on school premises; behavior creating a safety hazard to other persons at school; or disrespectful behavior to those at school, as determined by the Director; or any other reason stated or determined inappropriate action or behavior by a student of the FIH, by the Director.

### Grievance Policy

The Director will first address all complaints and will do his/her best to find satisfactory solutions. If this is not satisfactory, the student may choose to file a verified complaint to the Commission for Independent Education, Department of Education, 325 West Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400 or toll free at (888) 224-6684.

### Probation

A student may be placed on probation for any of the following reasons:

1. Not maintaining satisfactory progress.
2. Excessive absenteeism.
3. Inappropriate behavior.

### Voluntary Withdrawal/Re-Entry

A student may withdraw from his/her program of study by requesting and completing a form supplied by the registrar's office. All refunds, if applicable, will be made within 30 days from the last date of attendance or date written cancellation notification is received. It is understood that a student may request re-entry at a later date.

### Health and Safety

FIH complies with requirements and regulations of state and local building codes, the Board of Health and the Fire Department.

### Adverse Weather and Emergency Closing

At times, emergencies such as severe weather, fire, power failures, or hurricanes can disrupt school operations. In extreme cases, these circumstances may require the closing of the school.

When the decision to close the Institute is made after the workday has begun, employees will receive official notification from the School Director and students will be informed appropriately.

### **Emergency Evacuation Plan**

In case of fire or any other disaster, please listen to the School Director or the school officials in charge for instructions. All instructors are in charge of their class. Follow the evacuation plan to evacuate the building immediately in an organized and orderly manner. Do not take time to gather books or other belongings. The instructor of each class is the evacuation coordinator and shall maintain their class calm. The evacuation coordinator for the main office is the school official in charge.

Do not try to extinguish the fire. The evacuation coordinator or other school official will handle contacting the appropriate fire and rescue departments.

In case of a security problem, listen to the School Director or other school officials for security directions. In all instances, you must remain calm.

The security person will coordinate with the Police Department the proper actions necessary to assure Student and School Personnel Safety.

*Evacuation Plan* - There are exits at the front and back of FIH. In the event of an emergency, calmly head to the nearest exit.

### Incidents/Accidents

In case of an incident or accident, please inform the School Director or the Director of Training of your program so the appropriate forms and measures can be taken. In case of an emergency during school hours, the school will take appropriate action to obtain medical assistance.

### Dress Code

The Institute expects students to come to school dressed in a manner that is appropriate for the profession in which they are training. Casual dress is acceptable yet should not be a distraction to ones fellow students.

### Smoking and Beverages

Smoking is prohibited everywhere within the building and within 50 feet of building entrances. Food and beverages are not permitted in the classroom or treatment rooms. Only sealable bottles of water are allowed in the classroom.

### **Students Rights**

The following information is made available to all current students and to any prospective student upon request.

1. The cost of attending the Institute, including: (I) tuition and fees, (II) books and supplies, (III) any additional cost of the program in which the student is enrolled or expresses a specific interest.
2. A copy of the refund policy
3. The academic program of the Institution including: (I) educational and training programs, (II) the instructional laboratory and other facilities which related to the academic program, and (III) faculty and other instructional personnel.
4. The methods by which and locations in which students and prospective students may obtain the information concerning their rights.
5. The name of the associations, agencies, and/or governmental bodies which license the Institute and its programs, and the procedures under which any current or prospective student may obtain or review upon request a copy of the documents describing the Institute's licensing.

### **Student Responsibilities**

1. Promptly providing any information requested by the Institute.
2. Keeping the Institute informed of any change in name, address, marital status, financial situation, or change in their student status.
3. Notifying the Institute if they need to withdraw from the school or wish to request a leave of absence.

### **Cancellation and Refund Policy**

Should a student be terminated or cancelled for any reason, all refunds will be made according to the following refund procedure:

1. Cancellations must be made in person or by Certified Mail.
2. All monies will be refunded if the applicant is not accepted by the school or if the student cancels within three (3) business days after signing the Enrollment Agreement and making initial payment.
3. Cancellation after the third (3<sup>rd</sup>) business day, but before the first class, will result in a refund of all monies paid, with the exception of the \$100 registration fee.
4. If a student drops "the training" (inclusive of all programs or courses) and written notice is given to the Director in person by the student, or by certified mail, refundable tuition will be returned within 30 days of official notice according to pro rata attendance schedule following. "Attendance time" is the time between the start date of the program and the date on which enrollment is officially canceled, (whether or not the student attends class).
5. Students who cancel, or who are terminated after beginning instruction, but prior to 40% of program completion, shall receive a prorated refund based upon the number of clock hours completed to the number of total program clock hours and the amount of monies paid minus the registration fee. No refunds will be made after 40% of the program is completed.
6. A student may be dismissed at the discretion of the School Director for insufficient progress, non-payment of costs, or failure to comply with rules.

### **Withdraw Policy**

The Institute recognizes conditions arise which cause changes in plans of students; and that under such circumstances, provisions for cancellation should be made. **If cancellation is effected (under this clause), the student reserves the right to apply for reinstatement within one year of the date of enrollment.** Refunds shall be made within thirty days from the date of withdrawal.

Students leaving the Institute and having an outstanding balance will be required to pay the amount in full within thirty days. Delinquent accounts can and will be turned over to collections. Any costs related to the collection of the amount owed will be charged to the students account.

### **Method for Collecting Delinquent Tuition and/or Other Monies Owed**

1. Notification in writing stating outstanding balance.
2. Follow-up phone call one week after written notification.
3. Second written notification 30 days after first written notification.
4. Follow-up phone call one week after second written notification.
5. Third written notification 30 days after second written notification.
6. Follow-up phone call one week after third written notification
7. Fourth written notification 30 days after third written notification.
8. Final courtesy follow-up call.
9. If satisfactory payment arrangements are not made, the student's balance will be reported to the Credit Bureaus.

### **Policy for Course or Program Cancellation**

FIH reserves the right to cancel a course or program if a minimum of 10 students is not met. Students enrolled in a course/program that is canceled will automatically be transferred to the next start date. In the event of an unforeseeable cancellation of courses students will receive 100% of their tuition returned to them within 30 days of any official declaration of closure.

## **Course Numbering System**

The following is an explanation of the course numbering system for programs offered at The Florida Institute of Hypnotherapy.

*Programs must be taken in the order that they are listed below as each Program is a prerequisite for the Programs that follow.*

### **Hypnotherapist Certification – 230 Hours Total**

FH – Fundamentals of Hypnotism – 80 Hours

AH – Advanced Hypnotism – 80 Hours

HT – Hypnotherapist – 70 Hours

### **Clinical Hypnotherapist Certification – 350 Hours Total (Including Programs FH,AH,HT)**

NR – Natal Regression Therapy and Breathwork – 70 Hours

HE – Healing and Pain Management – 60 Hours

### **Elective Topic – 410 Hours Total (Including Programs FH,AH,HT,NR,HE)**

PL – Past-Life Regression Therapy – 60 Hours

## **American Council of Hypnotist Examiners Standards for Certification**

### **Certified Hypnotherapist**

Has completed at least two hundred (200) hours of instruction from an ACHE approved hypnotism school that is licensed by their State Board of Education. The Hypnotherapist must also pass the ACHE written and practical skills exam. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (FIH Programs FH,AH,HT)

### **Certified Clinical Hypnotherapist**

Has fulfilled all of the requirements for Hypnotherapist and has completed a total of three hundred (300) hours instruction in hypnosis from a school approved by the appropriate state agency and by the American Council of Hypnotist Examiners. (FIH Programs FH,AH,HT,NR,HE)

## Program of Study

*Fundamentals of Hypnotism* – A diploma in Fundamentals of Hypnotism is granted for the successful completion of this Program.

## Program Objective

To study and learn the concepts that relate to the field of Hypnotism. To achieve fundamental skills in the use of hypnotic induction and the effective delivery of suggestions. To educate students about the safe and effective use of hypnosis and its legal and ethical practice.

## Program Description

A comprehensive 80 clock hour program to teach the theory and practice of the fundamentals of hypnotism.

FH101	Introduction	10
FH102	Building Rapport	2.5
FH103	Depth of Hypnotic State	2.5
FH104	Understanding the Subconscious Mind	5
FH105	The Structure of a Hypnotic Session	2.5
FH106	Styles of Trance Induction	5
FH107	Deepening Techniques	5
FH108	Effective Suggestion Delivery	5
FH109	Self-Hypnosis	2.5
FH110	Basic Neuro-Linguistic Programming	5
FH111	Smoking Cessation Protocol	2
FH112	Weight Loss Protocol	2
FH113	Stress Reduction Protocol	1
FH114	Practical Hours	30
Total Clock Hours		<b>80</b>

Length of Time: 4 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 4 weekends each containing 20 hours of class. No entrance exam required.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

## Course Descriptions

### FH101

#### Introduction

(10 clock hours)

Introduces students to the nature of hypnosis, theories of hypnosis, the legal practice of hypnosis and the history of hypnosis. Myths and misconceptions concerning the hypnotic state are dispelled and a solid foundation for the study of hypnotism is established.

- FH102**            **Building Rapport**  
(2.5 clock hours)  
Students are introduced to the importance of rapport between the hypnotist and the client and various skills are learned and practiced to ensure this is well understood.
- FH103**            **Depth of Hypnotic State**  
(2.5 clock hours)  
Prepares students for understanding the various levels of hypnosis and their relationship to suggestibility. Various scales are discussed and a thorough understand of the full range of hypnotic phenomena is explained.
- FH104**            **Understanding the Subconscious Mind**  
(5 clock hours)  
Theories concerning the nature of the mind are discussed where students come to understand the relationship of the conscious mind to the subconscious mind. This course includes the functions of the subconscious mind, ways to access it and understanding how to utilize its power to create positive change.
- FH105**            **The Structure of a Hypnotic Session**  
(2.5 clock hours)  
Prepares students to successfully complete an entire hypnotic programming session based upon a format of rapport building, education and pre-talk, followed by trance induction, testing and the effective delivery of suggestions and trance termination.
- FH106**            **Styles of Trance Induction**  
(5 clock hours)  
Prepares students to develop the necessary skills to induce hypnotic trance with multiple styles including paternal, maternal, confusion and mechanical styles of hypnosis. Induction methods are also covered from each of these styles.
- FH107**            **Deepening Techniques**  
(5 clock hours)  
Prepares students to deepen the hypnotic state after hypnotic inductions have been utilized. Instructs students in multiple styles of deepening and associates various tests to ensure depth of trance based upon suggestibility.
- FH108**            **Effective Suggestion Delivery**  
(5 clock hours)  
Prepares students to deliver suggestions and affirmations to a hypnotized subject. The structure of proper suggestion is taught as well as multiple hypnotic adjuncts to assist in accessing the subconscious mind.
- FH109**            **Self-Hypnosis**  
(2.5 hours)  
Prepares the student to enter the hypnotic state for him/herself, as well as how to teach hypnosis to others. This course encourages self-entrancement and teaches that all hypnosis is really self-hypnosis as it works to encourage the hypnotist to empower his/her client to enter the trance state on his/her own.

- FH110**                    **Basic Neuro-Linguistic Programming**  
(5 clock hours)  
Prepares the student in the basic practice of Neuro-Linguistic Programming (NLP) in establishing and working with anchors, hypnotic language patterns and other NLP techniques related to the practice of hypnotism. Also introduces the student to the basic presuppositions of NLP, its origins and its practice within and outside of the fields of hypnosis.
- FH111**                    **Smoking Cessation Protocol**  
(2 clock hours)  
Prepares the student for an entire treatment strategy in working with a client to stop smoking using hypnosis and NLP. Students learn a powerful three session protocol to assist clients not only stopping smoking but eliminating the subconscious motivation towards the behavior.
- FH112**                    **Weight Loss Protocol**  
(2 clock hours)  
Prepares the student for an entire treatment strategy in working with a client to lose weight and to create a healthy lifestyle using hypnosis and NLP. Students learn a powerful three session protocol to assist clients to not only lose weight, but also to eliminate the subconscious blocks towards achieving their goals.
- FH113**                    **Stress Reduction Protocol**  
(1 clock hour)  
Prepares the student to utilize various relaxation methods to bring more peace and clam into their client's lives. Techniques include the use of hypnosis, NLP, relaxation and meditation techniques.
- FH114**                    **Practical Hours**  
(30 clock hours)  
Practical (hands-on) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

## Program of Study

**Advanced Hypnotism** - A diploma in Advanced Hypnotism is granted for the successful completion of this Program. *Completion of Fundamentals of Hypnotism is required for attending this program.*

## Program Objective

To study and learn the concepts that relate to more advanced hypnotism practices which utilize the hypnotic state to promote positive change, while preparing the student to enter into a professional hypnotherapy practice with the required tools for successful business operations.

## Program Description

A comprehensive 70 clock hour program to teach the theory and practice of the more advanced principles of hypnotism, as well as providing skills for building and operating a successful hypnotherapy practice.

AH201	Practice Management	5
AH202	Advertising and Marketing Strategies	5
AH203	Transforming Subconscious Beliefs	5
AH204	Focusing and Core Transformation	5
AH205	Advanced Neuro-Linguistic Programming	5
AH206	Parts Therapy	10
AH207	Life Mastery Course	2.5
AH208	Manifesting Prosperity	2.5
AH209	Ericksonian Hypnotherapy	5
AH210	Practical Hours	25
Total Clock Hours		<b>70</b>

Length of Time: 4 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 4 weekends each containing 17 to 20 hours of class. Completion of the Fundamentals of Hypnotism program is required to attend this program.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

## Course Descriptions

### AH201

#### **Practice Management**

(5 clock hours)

To prepare the student, upon successful graduation, to enter in to the field of professional hypnotherapy with the skills to operate a successful business. This includes note taking, scheduling appointments, file management, referrals, office and equipment set-up, accounting principles and other components of operating a business and hypnotherapy practice.

- AH202                    Advertising and Marketing Strategies**  
(5 clock hours)  
To prepare the student, upon successful graduation, to have the necessary skills to promote a professional hypnotherapy practice and to ensure a healthy client base. This class focuses on creative tools to build one's business as well as the legal and ethical parameters of promoting one's self as a hypnotherapist with the State of Florida.
- AH203                    Transforming Subconscious Beliefs**  
(5 clock hours)  
This course empowers the student with skills for uncovering the underlying belief systems which generate negative emotions and which motivate unwanted behaviors. Techniques are taught to uncover these beliefs as well as to change them into positive and constructive models from which to live one's life.
- AH204                    Focusing and Core Transformation**  
(5 clock hours)  
This course covers the fundamental practice of the Focusing method of Dr. Eugene Glendlin and the Core Transformation method of Connie Rae Andreas as a means of uncovering and transforming the cause of one's problems. Special attention is given to the theme of opening the heart and working with the shadow side of the mind.
- AH205                    Advanced Neuro-Linguistic Programming**  
(5 clock hours)  
Covers more advanced NLP techniques and language patterns including; expanded uses of anchors, meta-models, visual swish patterns, visual squash patterns, new behavior generators and many others.
- AH206                    Parts Therapy**  
(10 clock hours)  
Prepares the student to utilize the hypnotic state to align sub-personalities towards a client's goals. The basics of Transactional Analysis are taught as well as archetypical models for working with the subconscious mind. Extra time is given to this modality as it lays the foundations for the regressive hypnosis models to follow in future programs.
- AH207                    Life Mastery Course**  
(2.5 clock hours)  
Assists the student to empower him/herself and his or her clients to set goals, write mission statements, define life values, visual outcomes and use the power of the mind to achieve these goals. Incorporates the Getting Organized Process and the Creating and Manifesting Formulas as taught through Anahat Meditation Center.
- AH208                    Manifesting Prosperity**  
(2.5 clock hours)  
Empowers the student with teachings and skills to develop a "success mind-set." Based upon Anahat Meditation Center's Manifesting Prosperity Workbook, this course helps students to empower themselves and their clients to increase abundance in their lives in all ways, beyond just financial.

**AH209****Ericksonian Hypnotherapy**

(5 clock hours)

An in-depth exploration of the therapeutic style of Milton H. Erickson and his contributions to the fields of hypnosis and NLP. This course teaches the basics of Ericksonian Hypnotherapy, metaphor therapy and advances the students use of indirect/inferred induction styles.

**AH210****Practical Hours**

(25 clock hours)

Practical (hands-on) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

## Program of Study

**Hypnotherapist** - A diploma for Hypnotherapist is granted for the successful completion of this Program. *Completion of Advanced Hypnotism is required for attending this program.*

## Program Objective

To study and learn the concepts that relate to the field of regressive hypnotherapy, including the use of Gil Boyne's Transforming Therapy, Analytical Hypnotherapy and Hypnoanalysis. To prepare the student to successfully complete a 16 step regression therapy protocol.

## Program Description

A comprehensive 70 clock hour program to teach the theory and practice of regressive hypnotherapy.

HT301	Introduction to Regression	5
HT302	Pre-Hypnosis Interview	5
HT303	Uncovering Techniques	5
HT304	Age Regression	5
HT305	Gestalt Dialogues	5
HT306	Basic Transactional Analysis	5
HT307	Analytical Hypnotherapy	5
HT308	Ideomotor Signals	5
HT309	Hypnoanalysis	5
HT310	Practical Hours	25
Total Clock Hours		<b>70</b>

Length of Time: 4 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 4 weekends each containing 17 to 20 hours of class. Completion of all preceding programs is required to attend this program.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

## Course Descriptions

### **HT301 Introduction to Regression**

(5 clock hours)

Introduces the concept of using the hypnotic state to access memories usually related to childhood. Discusses the indications and contraindications for its use as well as the many types of regression that can be used.

### **HT302 Pre-Hypnosis Interview**

(5 clock hours)

Prepares the student to work with clients in a regressive hypnotherapy model through encouraging a more thorough intake process than the fundamentals program. Includes more elaborate information gathering techniques as well as rapport building skills.

- HT303**                    **Uncovering Techniques**  
(5 clock hours)  
Prepares the student to discover the underlying emotions associated with a client's problems and works to use these emotions as a bridge back to the cause of the problems. Involves a more expanded view of intake, Focusing and uncovering core belief systems.
- HT304**                    **Age Regression**  
(5 clock hours)  
A course of study detailing the uses of regression, the means of regression and the processing of the information uncovered. The course prepares the student to work with more advanced techniques by laying the foundation for the confident use of regressive methods.
- HT305**                    **Gestalt Dialogues**  
(5 clock hours)  
Prepares the student to facilitate positive change through a modified Gestalt process of dialoging with key figures involved in a regression. Includes training in cathartic emotional release and advanced methods for healing and resolving sensitizing events.
- HT306**                    **Basic Transactional Analysis**  
(5 clock hours)  
An introduction to working with the various ego-states of parent, adult and child as a means of resolving conflicts held deep within the subconscious mind.
- HT307**                    **Analytical Hypnotherapy**  
(5 clock hours)  
Prepares the student to work with the Analytical techniques as found in E.A. Barnett's book Analytical Hypnotherapy. Includes the use of regression and the Transactional Analysis model.
- HT308**                    **Ideomotor Signals**  
(5 clock hours)  
First discusses the concept of communication with the subconscious mind through non-verbal cues. Teaches students to set up ideomotor signals as a means of uncovering subconscious memories, as well as working non-verbally to resolve underlying conflicts.
- HT309**                    **Hypnoanalysis**  
(5 clock hours)  
An in-depth look into the Hypnotherapeutic techniques of Dave Elman; his styles of induction, deepening, regression and resolution. Based upon his book *Hypnotherapy*.
- HT310**                    **Practical Hours**  
(25 clock hours)  
Practical (hands-on) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their

fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

## Program of Study

***Natal Regression Therapy and Breathwork*** - A diploma in Natal Regression and Breathwork is granted for the successful completion of this Program. *Completion of Hypnotherapist is required for attending this program.*

## Program Objective

To study and learn the concepts that relate to the field of regression to early childhood and natal memories. To incorporate hypnosis and Breathwork to uncover early memories and to successfully resolve difficulties found therein. To prepare the student for the American Council of Hypnotist Examiners certification examination.

## Program Description

A comprehensive 70 clock hour program to teach the theory and practice of more advanced regression methods with a strong emphasis on practical hours to ensure successful application of all previously learned methods.

NR401	Introduction to Natal Regression	10
NR402	Transactional Analysis	5
NR403	Inner Child Work	5
NR404	Introduction to Breathwork	10
NR405	Integrating Modalities	5
NR406	Practical Hours	35
Total Clock Hours		<b>70</b>

Length of Time: 3.5 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 3.5 weekends each containing 20 hours of class, with one weekend with attendance on only one of the three days. Completion of all preceding programs is required to attend this program.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

During this program the student takes the A.C.H.E.'s examination for certification as a hypnotherapist and is therefore prepared accordingly.

## Course Descriptions

### NR401

#### **Introduction to Natal Regression**

(10 clock hours)

Instructs the student in the model of Natal Regression and the indications and contraindications. Lays the foundation for regression methods to early memories and the means of processing them thoroughly.

- NR402**                    **Transactional Analysis**  
(5 clock hours)  
Reviews the basics of Transactional Analysis and deepens the students understanding of working with the three major ego-states. Explores the deeper dynamics of these three states and explains further methods of integration.
- NR403**                    **Inner Child Work**  
(5 clock hours)  
Prepares the student for working with the Inner Child and its wants and needs. Teaches methods of talking with the Inner Child and working to bring it to wholeness, freedom and well-being. Prepares the way for the course on Breathwork to follow.
- NR404**                    **Introduction to Breathwork**  
(10 clock hours)  
Prepares the student to facilitate Breathwork sessions where a client is lead in the primary method of Rebirthing to uncover suppressed emotions and resolve deep seated memories. Works to understand the nature of emotional release and prepares the student to provide a safe space for clients to truly open up and heal.
- NR405**                    **Integrating Modalities**  
(5 clock hours)  
This course ensures that students are able to integrate what they have learned thus far into comprehensive treatment protocols that yield powerful results. Works to incorporate the many modalities of all previous programs into personalized strategies aimed at positive and long-lasting change.
- NR406**                    **Practical Hours**  
(35 clock hours)  
Practical (hands-on) hours are increased during this program to ensure successful application of all modalities as well as to be sure the student is prepared for the A.C.H.E. certification exam.

## Program of Study

**Healing and Pain Management** - A diploma in Healing and Pain Management is granted for the successful completion of this Program. *Completion of Natal Regression and Breathwork is required for attending this program.*

## Program Objective

To study and learn the concepts that relate to the use of hypnosis in healing and pain management. To offer students practical methods for employing hypnosis for dentistry and childbirth. To ensure that students operate within the scope of their training and know when issues are medical problems that need referrals.

## Program Description

A comprehensive 60 clock hour program to teach the theory and practice of modern methods of healing and pain management as used within a clinical hypnotherapy practice.

HE501	Hypnosis in Pain Management	2.5
HE502	Anatomy and Physiology	2.5
HE503	Psychoneurophysiology	10
HE504	Producing Analgesia/Anesthesia	5
HE505	Hypnosis in Childbirth	2.5
HE506	Hypnosis in Dentistry	2.5
HE507	Healing with Hypnosis	10
HE508	Practical Hours	25
Total Clock Hours		<b>60</b>

Length of Time: 3 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 3 weekends each containing 20 hours of class. Completion of all preceding programs is required to attend this program.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

Completing this program and the Natal Regression and Breathwork Program constitutes the certification through the A.C.H.E. of Clinical Hypnotherapist.

## Course Descriptions

### HE501 Hypnosis in Pain Management

(2.5 clock hours)

An introduction to the practice of using hypnosis in managing and/or eliminating pain. A thorough introduction to the limits and scope of the practice of a hypnotist are covered, as well as discussions on the needs for referrals and the ethics of the practice.

- HE502**                    **Anatomy and Physiology**  
(2.5 clock hours)  
An introduction to the human body and its many systems, as well as theories on the mind/body connection and how the brain can control the bodies sensations and healing mechanisms.
- HE503**                    **Psychoneurophysiology**  
(10 clock hours)  
A thorough exploration of the theories and techniques used in healing and pain management. Methods include the use of visualization, suggestions, metaphors, control rooms and other creative tools for controlling sensations and bodily functions.
- HE504**                    **Producing Analgesia/Anesthesia**  
(5 clock hours)  
A detailed look into the mind’s ability to eliminate painful sensations in the body. Techniques are taught so as to facilitate the partial and/or complete cessation of pain in receptive clients.
- HE505**                    **Hypnosis in Childbirth**  
(2.5 clock hours)  
Prepares the student for working with pregnant women to facilitate a more comfortable or even pain-free childbirth. Uses various techniques for relaxation, stress reduction and pain management, while also working to deepen the mother/child bond and eliminate all fear and negativity.
- HE506**                    **Hypnosis in Dentistry**  
(2.5 clock hours)  
Prepares the hypnotist to work one-on-one with a dentist in helping patients to relax, eliminate fear and even undergo dental procedures without analgesia or anesthesia.
- HE507**                    **Healing with Hypnosis**  
(10 clock hours)  
A thorough exploration of the healing power of the mind as found within many traditions including; Mesmerism, Hypnotism, Psychoneurophysiology, New Thought Movements, Faith Healing, the Placebo Effect, as well as in depth reviews of the books *The Sutras on Healing and Enlightenment* and *A Course in Miracles*.
- HE508**                    **Practical Hours**  
(25 clock hours)  
Practical (hands-on) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

## Program of Study

**Past-Life Regression Therapy** - A diploma in Past-Life Regression Therapy is granted for the successful completion of this Program. *Completion of Healing and Pain Management is required for attending this program.*

## Program Objective

To study and learn the concepts that relate to theories of reincarnation and karma and how to successfully use the hypnotic state to access past-life memories. To provide the student with a metaphysical/transpersonal model of a human being so as to create hypnotherapists who can offer a spiritual component to their work.

## Program Description

A comprehensive 60 clock hour program to teach the theory and practice of past-life regression therapy and other more esoteric concepts often associated with hypnotherapy practice.

PL601	Macro- and Microcosmology	2.5
PL602	Theories of Reincarnation and Karma	2.5
PL603	Yogic Philosophy and Psychology	5
PL604	Past-Life Regression Therapy	10
PL605	Special Instances of Altered State Work	5
PL606	Out-of-Body Experiences	2.5
PL607	Stages of Spiritual Growth	2.5
PL608	Anahat Meditation	5
PL609	Practical Hours	25
Total Clock Hours		<b>60</b>

Length of Time: 3 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of 3 weekends each containing 20 hours of class. Completion of all preceding programs is required to attend this program.

Upon completion of this program, the Institute will award a diploma (received when all training is complete.)

Completing this program concludes the 410 hour training through the Institute and awards upon the student all Institute Diplomas.

## Course Descriptions

### PL601 Macro- and Microcosmology

(2.5 clock hours)

An in-depth look into a metaphysical model of the universe and its genesis, as well as the human beings place within this macrocosmic order. This course begins the Transpersonal work of the Institute's training where a human being is seen as having a spiritual side that becomes exceptionally empowering in the healing process.

- PL602**                    **Theories of Reincarnation**  
(2.5 clock hours)  
Models of multiple lifetimes are covered. Along with the traditional models of reincarnation we also explore theories of transmigration and the oversoul theory, while looking at how unresolved karma effects current life situations.
- PL603**                    **Yogic Philosophy and Psychology**  
(5 clock hours)  
A detailed look into the Yoga Sutras of Patanjali and the Yogic model of the psyche and the Spirit. This course explores the causes of human suffering and a means for eliminating this suffering through the practice of Samadhi meditation.
- PL604**                    **Past-Life Regression Therapy**  
(10 clock hours)  
Prepares the student to facilitate a past-life regression session including; pre-talk and education, trance induction and deepening to access past-life memories, processing past-life information, working with the interlife space, working with guides/higher wisdom, processing unresolved karma and integrating new understandings into the present life situation.
- PL605**                    **Special Instances of Altered State Work**  
(5 clock hours)  
Based largely upon the work of Winifred Blake Lucas, PhD and Dr. Edith Fiore we explore the nature of entity attachment and how such energies effect clients. This course explores ancient and modern theories of possession and the means for releasement. The use of hypnosis for uncovering memories of alien abduction and other esoteric concepts are also covered.
- PL606**                    **Out-of-Body Experiences**  
(2.5 clock hours)  
This course helps the student to understand and experience a deeper spiritual component to his or her being. As many clients will have questions in this regard the student is empowered with this knowledge, as well as the methods of hypnosis used to facilitate experiences outside of the physical body.
- PL607**                    **Stages of Spiritual Growth**  
(2.5 clock hours)  
Empowers the student with teachings from many of the world's great wisdom traditions about an individual's progress along the spiritual path. This training helps the student to work with all clients regardless of their religious/spiritual background so as to facilitate progress for all who seek help.
- PL608**                    **Anahat Meditation**  
(5 clock hours)  
An introduction and deepening of the Anahat Meditation System as taught at Anahat Meditation Center and as found in the books *The Sacred Geometry of Meditation* and *The Journals of Myckal Divane*. These teachings cover universal methods of meditation as well as a concrete system designed to facilitate exceptional teachers and healers.

**PL609****Practical Hours**

(25 clock hours)

Practical (hands-on) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

## Tuition and Fees

One credit hour is equal to one clock hour.

**Clock Hour** defined: One clock hour equals 50 minutes of classroom instruction.

Each credit hour/clock hour is \$14.00.

### FH - Fundamentals of Hypnotism

Tuition	\$1120.00
Books	<u>\$118.80</u>
TOTAL	\$1,238.80

### AH - Advanced Hypnotism

Tuition	\$980.00
Books	<u>\$ 52.39</u>
TOTAL	\$1032.39

### HT - Hypnotherapist

Tuition	\$980.00
Books	<u>\$70.00</u>
TOTAL	\$1,050.00

### NR - Natal Regression Therapy and Breathwork

Tuition	\$980.00
Books	<u>\$ 16.95</u>
TOTAL	\$996.95

### HE - Healing and Pain Management

Tuition	\$840.00
Books	<u>\$ 24.95</u>
TOTAL	\$864.95

### PL - Past-Life Regression Therapy

Tuition	\$840.00
Books	<u>\$ 14.95</u>
TOTAL	\$854.95

Total Tuition = \$5,740.00

Additional expenses:

(a) \$298.04 + tax for text books (prices of books may vary slightly, optional books extra)

(b) A.C.H.E. expenses (Payable during Program NR) The initial fee for registration and certification for two years is \$175. This includes a one-time \$25 application/examination fee and a \$75 per year registration and certification fee for two consecutive years. There is a \$25 fee for a new certificate reflecting a change in Certification status.

To apply for your seat in the class, please enclose a minimum \$300 deposit, plus any additional tuition payment and tax. Your deposit is applied to your tuition, \$100 is a non-refundable registration fee. Payment may be made in the form of cash, check, cashier's check or major credit card.

Financial Aid is not available at this time. Programs can be paid individually or all at once.

**Administrative Staff and Faculty**

Administration

Matthew Brownstein.....President/School Director

Faculty

Matthew Brownstein.....Lead Instructor, Certified A.C.H.E. Hypnotist Examiner

# Florida Institute of Hypnotherapy

## Fall Calendar 2009-2010

### Fundamentals of Hypnotism –

#### 80 Clock Hours

9/4/09 – 6:00pm – 9:00pm - Start Date  
 9/5/09 – 9:30am – 6:00pm  
 9/6/09 – 9:30am – 6:00pm  
  
 9/11/09 – 6:00pm – 9:00pm  
 9/12/09 – 9:30am – 6:00pm  
 9/13/09 – 9:30am – 6:00pm  
  
 9/18/09 – 6:00pm – 9:00pm  
 9/19/09 – 9:30am – 6:00pm  
 9/20/09 – 9:30am – 6:00pm  
  
 9/25/09 – 6:00pm – 9:00pm  
 9/26/09 – 9:30am – 6:00pm  
 9/27/09 – 9:30am – 6:00pm - Expected End Date

### Advanced Hypnotism –

#### 70 Clock Hours

10/9/09 – 6:00pm – 9:00pm - Start Date  
 10/10/09 – 9:30am – 6:00pm  
 10/11/09 – 9:30am – 6:00pm  
  
 10/16/09 – 6:00pm – 9:00pm  
 10/17/09 – 9:30am – 6:00pm  
 10/18/09 – 9:30am – 6:00pm  
  
 10/23/09 – 6:00pm – 9:00pm  
 10/24/09 – 9:30am – 6:00pm  
 10/25/09 – 9:30am – 6:00pm  
  
 10/30/09 – 6:00pm – 9:00pm  
 10/31/09 – 9:30am – 6:00pm - Expected End Date

### Hypnotherapist –

#### 70 Clock Hours

11/6/09 – 6:00pm – 9:00pm - Start Date  
 11/7/09 – 9:30am – 6:00pm  
 11/8/09 – 9:30am – 6:00pm  
  
 11/13/09 – 6:00pm – 9:00pm  
 11/14/09 – 9:30am – 6:00pm  
 11/15/09 – 9:30am – 6:00pm  
  
 11/20/09 – 6:00pm – 9:00pm  
 11/21/09 – 9:30am – 6:00pm  
 11/22/09 – 9:30am – 6:00pm  
  
 12/4/09 – 6:00pm – 9:00pm  
 12/5/09 – 9:30am – 6:00pm - Expected End Date

### Natal Regression Therapy and Breathwork –

#### 70 Clock Hours

12/6/09 – 9:30am – 6:30pm - Start Date  
  
 12/11/09 – 6:00pm – 9:00pm  
 12/12/09 – 9:30am – 6:30pm  
 12/13/09 – 9:30am – 6:30pm  
  
 12/18/09 – 6:00pm – 9:00pm  
 12/19/09 – 9:30am – 6:00pm  
 12/20/09 – 9:30am – 6:00pm  
  
 1/8/10 – 6:00pm – 9:00pm  
 1/9/10 – 9:30am – 6:00pm  
 1/10/10 – 9:30am – 6:00pm - Expected End Date

### Healing and Pain Management –

#### 60 Clock Hours

1/15/10 – 6:00pm – 9:00pm - Start Date  
 1/16/10 – 9:30am – 6:00pm  
 1/17/10 – 9:30am – 6:00pm  
  
 1/22/10 – 6:00pm – 9:00pm  
 1/23/10 – 9:30am – 6:00pm  
 1/24/10 – 9:30am – 6:00pm  
  
 1/29/10 – 6:00pm – 9:00pm  
 1/30/10 – 9:30am – 6:00pm  
 1/31/10 – 9:30am – 6:00pm - Expected End Date

### Past-Life Regression Therapy –

#### 60 Clock Hours

2/12/10 – 6:00pm – 9:00pm - Start Date  
 2/13/10 – 9:30am – 6:00pm  
 2/14/10 – 9:30am – 6:00pm  
  
 2/19/10 – 6:00pm – 9:00pm  
 2/20/10 – 9:30am – 6:00pm  
 2/21/10 – 9:30am – 6:00pm  
  
 2/26/09 – 6:00pm – 9:00pm  
 2/27/09 – 9:30am – 6:00pm  
 2/28/09 – 9:30am – 6:00pm - Expected End Date

NOTE: Please note that the school reserves the right to change or add start dates.